

Children, Youth, & Families **MENTAL HEALTH & WELLNESS CELEBRATION!**

**That's a WRAP: Wellness,
Resilience, Action, & Purpose!**

Meet many local organizations & resources!
Music, drum circles, & bubble dance parties!
Activities, artwork, and games for all ages!
Opportunity drawings for many prizes!



**May 10, 2025
2:00 to 6:00PM**



Grossmont Center
Main Courtyard
5500 Grossmont Center Drive
La Mesa, CA 91942



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY



LIVE WELL
SAN DIEGO



San Diego &
Imperial Counties